

# Rotary Club of Sussex Inc.

P O Box 7004, Sussex Corner, NB E4E 5M3

[www.sussexrotary.org](http://www.sussexrotary.org)

Club # 6355 / District # 7810

## Cowbell

Date: April 22, 2013

**Attendance:** Donna, Wendy, Robert K, Rick, Bob T, Sandra, Rhoda, Matt, Scott, Lou, Bruce, Andrew, Robert L

**Regrets:** Jason, Teri, Harley, Bob B

**Guests:** Greg Keith, Jane Keith, Greg Zed, Bob T's guest, and our guest speaker Bob Lemieux

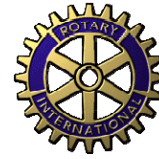
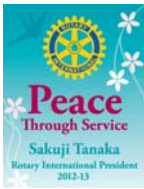
Rotary Grace

Toast to the Queen

Rotary Minute:

**Guest Speakers: Bob Lemieux, former NHL Hockey player – Violence in hockey and contact sports in general**

- ❖ Only NHL hockey player that was knocked out in two different Madison Square gardens in the same year
- ❖ Huge concern in not only hockey but in all contact sports about concussions
- ❖ All concussions are due to reactive not being proactive
- ❖ His main focus is on the children that are engaged in contact sports
- ❖ He had 7 grade 2-3 concussions before the age of 23
- ❖ Any concussion means there is some sort of brain damage
- ❖ 35 children in one year / season alone lost an eye
- ❖ he has been married for 51 years
- ❖ has 2 children and 7 grandchildren
- ❖ he has lost 120 pounds as his addiction is food – this addiction is a side effect of a concussions
- ❖ 9 years he coached red wings
- ❖ He brain will be donated to the Brain Injury Institute
- ❖ His goal is to get people to open their minds and think of safer ways to play the game
- ❖ Not only hockey players suffer concussion but women in these sports as well as basketball players, soccer players,
- ❖ The highest concussions are in high school female soccer as the neck muscles in a female are not as strong as in a male
- ❖ Some concussions go un diagnosed
- ❖ A person only needs a slight bump or bang to have a concussion
- ❖ “Respect” a new program that has being launched in NB – this is a program that every parent has to take – why does this program need to be taken as 99% of them are nice people – if the parent of a child is being loud then the best way to resolve the issue is to penalize the child
- ❖ ½ million people in Canada each year receive a head injury



- ❖ In June Bob L is going to have lots of test on his brain - study
- ❖ In 2002 to 2006 (4 year period) there was a study done by Dr. Wayne Gordon on every child in a special Ed class in NY City. 50% of these children studied had some type of brain injury.
- ❖ His goal is to call upon on Rotary across Canada to put together an awareness program – 1 day or a weekend session for the community
- ❖ Some of the ideas are to have a bigger rink, immediately suspension, get rid of the goons, take checking out of the game, train coaches differently
- ❖ His proposal: lets design a model / forum to bring the community (health care, educators, parents) together to obtain knowledge
- ❖ You are able to act upon the knowledge that you have gained

**Committee Reports: to be updated next week**

**Reminders:**

- ❖ **Highway Cleanup:** Bruce has this organized for April 27<sup>th</sup>. We will meet as we usually do at Tim Horton's – Gateway mall location at 8 am and then disperse from there.

**Happy/Sad Bucks**

**50/50: Bruce – which was drawn by Bob Lemieux**

**Meeting Adjourned.**

**Stay tuned for the Next Cowbell!!!**