



## **Cowbell – May 1, 2017**

**Present** - Bob B., Angie C., Melissa C-K., Pam D., Cindy D., Donna G., Rhonda H., Erik H., Don I., Paul K., Ed K., Greg K., Robert K., Julie M., Mary M., Tina M., Bruce N., Sheri S., Bob S., Ian S., Jason T., Bob T., Shelley V., Rhoda W., Robert L.

**Absent** - Alaina A., Lisa B., Alex C., Don D., Rob D., Jeff F., Blair H., Alaina L., Harold L., Cecile M., Lou M., Teresa O., Brenna W.

**Guests** – Megan Minor, Sussex Wellness Network

**Chair** - Cindy Dubois

**Rotary Minute** – Greg Keith spoke about the importance of getting involved with youth and supporting them in our community and through Rotary.

**Introduction of Guest Speaker** – Ed Keith

**Guest Speaker** – Megan Miner spoke of her work with the Sussex Wellness Network in connecting members of the community with programs in the area, i.e., connecting families to the Family Resource Centre, Mental Health. The Sussex Wellness Network Centre is located at 38 Park Street, Unit 2, in Sussex. Megan explained programs like “Dial-A-Ride.” Volunteers for this program are needed and all that is required is a driver’s license and adequate insurance for a vehicle. The program will pay mileage for the drivers and provide service for community members who have a difficult time getting to necessary health-related appointments. A yearly membership of \$20 is charged to clients of the Dial-A-Ride but the long-term cost savings to them is considerable.

Pam Drury, new Rotarian, spoke of her role with the center in offering programs related to mental health initiatives.

The Centre is about to launch a website but presently has an active Facebook page found at <https://www.facebook.com/SussexWellnessNetwork/?fref=hovercard>.

**Thanker** - Bob Tremblett

**Fundraising Dinner – May 4, 2017** – Please read all e-mails. Shelley needs **five (5)** more desserts. Gifts can be dropped off with Melissa and please do so as soon as possible. Please continue to sell tickets as we need lots of people there to bid on the auction items.

Volunteers are needed to organize gifts this week. Please connect with Melissa. Volunteers are needed Tuesday and Wednesday evenings and all day Thursday.

**Committees for 2016/17** – Those who have not signed up for a committee were encouraged to do so.

**Breakfast Clubs** – This week Rob Driscoll is serving at Sussex Middle School and there is no school on Friday.

**Young Generations** – Eugene Lewis from Shelter Box Canada will be talking to students at Sussex Regional High School on Thursday between 1:20 and 2:30 pm. The topic is Climate Change and Rotarians are invited to attend.

**Sussex Clean-Up** – Please contact Bruce to let him know who is helping with Sussex Clean-Up happening this Saturday, May 6, 2017 starting at 9 am. Meet at the 8<sup>th</sup> Hussars and then Rotarians will be cleaning up the grounds at Sussex Elementary School. There will be a lunch at 12 noon.

**Concert Fundraiser** – Jason announced that there was another meeting of this group happening tonight, May 1. Everyone is invited.

**Chase the Joker** – No winner and the pot is now \$239.50

**Next Meeting** – The next meeting will be held on Monday, May 8, 2017. Don Ingersoll will be giving a classification talk. Other duties can be checked out at <http://sussexrotary.org/weekly-meeting-upcoming-guest-speakers/>.

**Adjournment**

*Rhoda Wilson, Secretary*